MEET YOUR LACTATION CONSULTANT



Nurse Agnes
BSN. RNC-NIC, IBCLC

Agnes has worked as a NICU RN for over 20 years before becoming a Lactation Consultant. She has extensive lactation experience from helping families of premature and sick babies in establishing and protecting their breastmilk supply in the NICU and transitioning from bottle to breast.

"Breastfeeding, although natural, is not always easy and immediate. My purpose is to assist families in breastfeeding so that they can define and achieve their own personal lactation goals."

Common breastfeeding concerns addressed:

- Latching difficulties
- Issues with supply
- Transitioning from bottle to breast
- Breastfeeding and lifestyle balance
- Pain and discomfort when breastfeeding

Need help or have questions? Give Agnes a call. Call (702) 916-6710.

If she doesn't answer, she's probably with a patient so leave her a voicemail and she'll get back to you.

Agnes also offers one-on-one support.

Group classes are also available.
Check southernhillshospital.com for more information on breastfeeding support groups or call (702) 916-5023.

